



# Taihape Area School

Monday 11th May 2015

## Term 2 - Newsletter Number 4

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### Tena koutou katoa

Welcome back to a new week. As is normal for this time of the year, life at school has been disrupted by the customary range of colds, flu, and illnesses that always seem to strike during winter.

**Absenteeism** can severely disrupt a student’s learning, as well as impact upon their involvement in school events and activities, in particular their academic endeavors and sport.

It is a very exciting time at school with the start of the Winter Sports season. For the first time TAS has two rugby teams – a First XV, and an Under 15 Team. This is momentous, and a really encouraging development, testament to the enthusiasm of a number of people, in particular Board Chairperson, Shelly Noble. As a result of her efforts, we have developed a very positive relationship with the Taihape Rugby Club which is assisting with coaching.



In all we have 10 Winter Sports Teams including 2 Rugby, 5 Netball (Senior A and B, Year 7/8, and 2 Junior), as well as Basketball, Football, and Hockey Teams. We wish all teams, players, coaches, and managers an enjoyable and successful season. Kia kaha!!

The following extract has some very sound advice from the Director of Public Health – **please note the emphasis on personal responsibility for promoting basic hygiene practices.**

“Schools and early childhood services by their nature are susceptible to many viruses and influenza in particular is readily spread by children. Dealing with any health issue like this is problematic for schools and early childhood services, although there is evidence that suggests that some basic measures will slow down the spread of viruses like influenza.

The key to prevention still lies with the promotion of good infection control messages: -

- regular and effective hand washing;
- when coughing or sneezing cover your mouth and nose with a tissue and afterwards promptly dispose of the tissue and wash your hands;
- or cough into your arm;
- keep your hands away from your mouth, nose, ears and eyes as mucous membrane can let the virus into your body through your airways or eyes; stay at home when unwell with flu-like symptoms.”

- **Dr Mark Jacobs (Director of Public Health).**

It is essential effective infection control practices are encouraged at home, as well as at School. We all tend to get run down

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from time to time, and are therefore susceptible to the various bugs, and illnesses that do the rounds. By promoting healthy living and healthy practices, we may be able to at least minimize the damage.

Another real concern is the number of students who arrive at school tired, and often without breakfast. **Breakfast** is the most important meal of the day, but the meal most often skipped. The paragraph below outlines the importance of **breakfast for children**. "Adults skip breakfast for a wide range of reasons, including not feeling hungry, lack of time, and a dislike of "breakfast foods". Establishing the habit of eating breakfast in childhood is very important. A good example should be set by the whole family in order for our kids to develop good habits, just like any other behaviour (you can't expect your child to develop the breakfast habit if you don't eat breakfast yourself)".

Have you heard the expression: - *"Eat breakfast like a king, lunch like a prince, and dinner like a pauper"* - Adelle Davis.



To this end the School Café is open in the mornings, and free milo and toast is available for everyone. This has actually created a warm, inclusive, and very social atmosphere, and a popular place to begin the School Day. Tracey Murrell, with support from Browyn Troon, ensures this operates each morning.

Have a wonderful week.

Regards

Richard McMillan  
Principal

## Great News

The Government's target for students leaving school is that 85% of students leave with Level 2 NCEA, or above, by the year 2017.

In 2014, nationally, 75% of students left with NCEA Level 2. At TAS we had 91.4% of our leavers left with NCEA Level 2 or above.

## Tall Poppies

The following Taihape Area School students rose above the crowd last week as outstanding achievers:



**Hauwaho Taipeti and Leila Marshall** (Room 9) - for showing Rangatiratanga by using their leaderships skills in our maths activity.

**Morgan Nathan** (Room 4) - for art..... working hard and amazing cleaning;

**Jesse James and Hollie Jacobsen** (Room 5) - for effort in maths;

**Buddy Wirori** (Room 6) - for showing Rangatiratanga, actively participating and demonstrating his knowledge in Science

**Emma Fellingham** (Year 9) - for showing Manaakitanga, helping other students sensibly for their progress in Science;

**Dontay Kaata** (Year 9) - for being a positive student presence in art class;

**Tyreese Adams**- for a marked improvement in positive behavior for learning;

**Brookelyn Elers** - (Year 9) Persistent work ethics;

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**John Geraghty** (Under 15 Rugby) - for courage under fire. John suffered a broken finger on Saturday, and displayed amazing bravery;

**Maia Broughton-Edwards** (Senior A Netball) - an umpires commendation for her outstanding skills and ability to modify her play to meet changing circumstances;

**Taylor Chase** (Senior A Netball) - for huge advances in skill level, and for working effectively with Maia in defence.



**Tall Poppies from Learning Street -  
Week 3**

## Hockey

### Draw

Tonight TAS is play playing Freyberg, on Turf 2, at 4.15.

The following week we are playing Manawatu College, on Turf 1, at 4.30pm.

## Senior Rugby

On Saturday our first XV played a home game against the Feilding High School Third XV. TAS played well winning 26-12. Players of the day were Bruno Vitata and Shelby Inwood.

Tries to Bruno 3, Josph Cowley, with 3 conversions to Joseph.

## A Fun Resource for Primary Children

The link below provides access to an Educational Resource for Year 1-8 children. The Resource - *Rosie's Education* from Dairy NZ Farming Education & Resources - can be accessed at: <http://www.rosieseducation.co.nz/>

## Supporting Your Child at Home - Numeracy

A lot of emphasis in **Numeracy** teaching is placed on using mental calculations where possible, using jottings to help support thinking. As children progress through the school and are taught more formal written methods, they are still encouraged to think about mental strategies they could use first, and only use written methods for those calculations they cannot solve in their heads.

It is important that children are secure with number bonds (adding numbers together and subtracting them e.g.  $10 = 6 + 4$ ,  $13 + 7 = 20$ ) and have a good understanding of place value (ten and units etc.) before embarking on formal written methods.

Check this site out on **Number Bonds** to help your child:-  
<http://www.amblesideprimary.com/ambleweb/mentalmaths/numberbond.html>

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## Why is breakfast so important? - Part 2

There are many reasons why we promote breakfast as being the most important meal of the day:-

*Generally there is a long break between the evening meal and breakfast. The name of this meal comes from the long period without food - i.e. you are "breaking your fast" from dinner the night before. At this time it is important to refuel your body to kick-start the day. Overnight glucose (sugar) stores tend to be depleted and to ensure your energy levels are back on track it is important to eat breakfast. Children need to refuel to help them cope with their energetic day ahead.*

Studies show that breakfast helps with weight control. Eating breakfast means you are more likely to snack less during the day. Children who don't eat breakfast may graze during the morning, eating more energy than they need. Also at school they may be more inclined to eat all of their lunch at morning break leaving them with nothing to eat at lunch time, leading to hunger and more snacking after school.



*It is also a well-documented fact that breakfast is important for concentration and mental performance. We all want our children to be able to concentrate and perform to the best of their abilities at school.*

Breakfast is also one of our three main meals each day. If you skip this meal then you are at higher risk of not getting adequate nutrients from your diet. Breakfast foods typically tend to be a great source of fibre, carbohydrate, and a wide range of vitamins and minerals.”

## Autism Course

Has your young child or family/whānau member recently been diagnosed with autism? Are you looking for ways to play purposefully with a young child with autism? Does your school or early childhood centre have young students with autism?

If so, and you wish to learn more about Autism and play strategies, you are invited to attend **Autism New Zealand's Way to Play one-day workshop in Whanganui on Thursday 14 May 2015.**

During the one-day workshop, participants will learn:

- Autism spectrum and how it can affect young children;
- Importance of play to support child development;
- Simple play strategies, like playing with toys and being a guide;
- Methods for interactive play, like pattern, memory and variation.

Quote from a parent who participated in the *Way to Play Workshop 2014*:

“It has only been four days since the course and already I'm noticing a huge difference in the way my son and I are interacting, in my confidence with my approaches to connecting with him and, almost unbelievably, his subsequent development. My impression of the last four days is that there have been considerably more smiles, laughs, shared moments and hugs”.

**Time:** 9.30am to 3.30pm

**Cost:** For parents/caregivers/whānau, there is no cost, due to generous funding from SKIP (Ministry of Social Development).

If interested register on:

[http://www.autismnz.org.nz/training\\_programmes](http://www.autismnz.org.nz/training_programmes)

**Venue: Whanganui** (details to be provided after registration)

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What are the issues  
and challenges our  
next generation will  
face?

What understandings  
do our tamariki need to  
take them into their  
future?

# HAVE YOUR SAY!

We are building up our local curriculum for our inquiry learning model and we want you to tell us what you think is important for our future generation.



Go online:

<https://www.surveymonkey.com/s/XW5Y9GD>



Visit our feedback box

Join us: June 22<sup>nd</sup>,

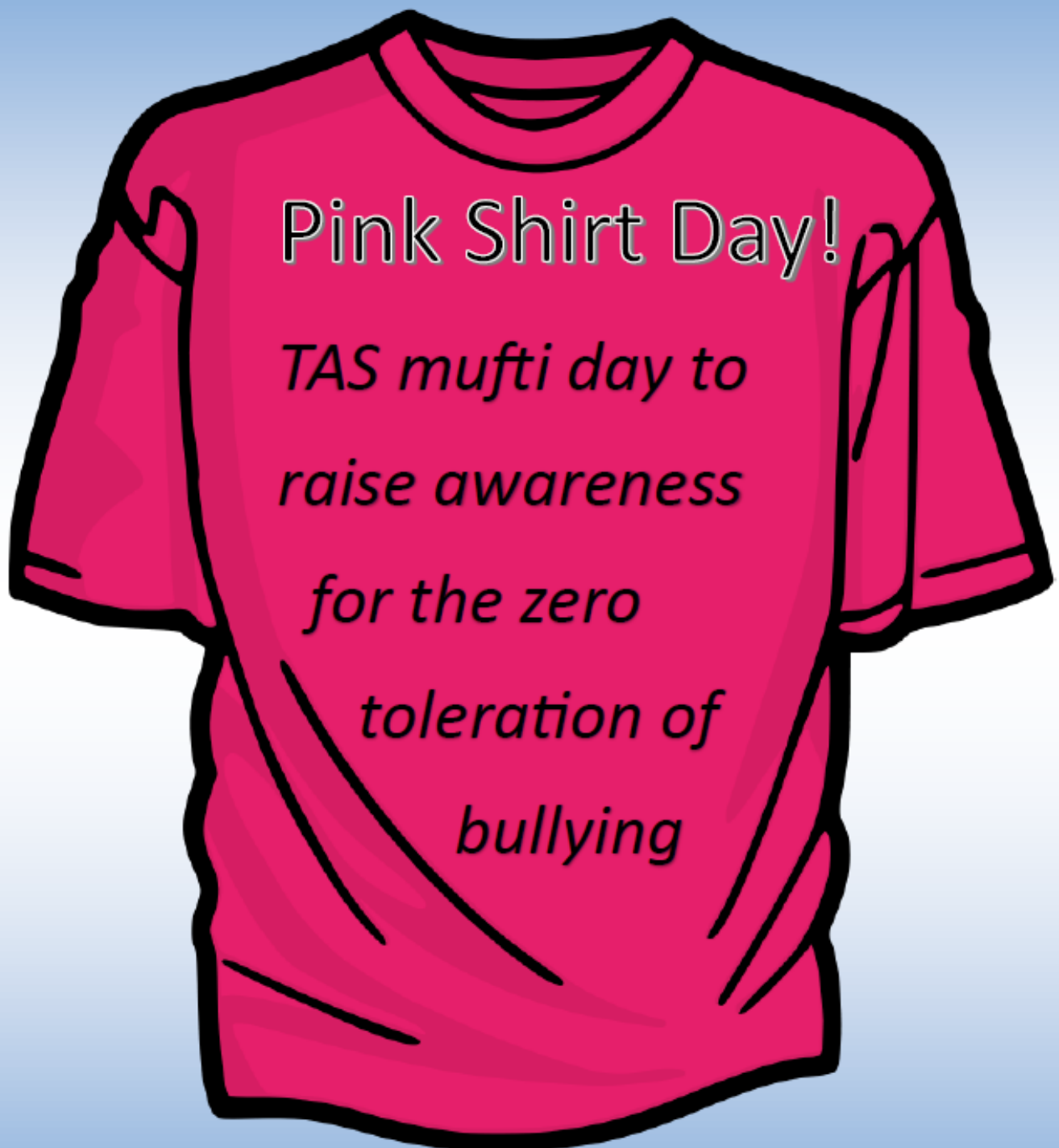
10.30-11am, Room 1 T.A.S.

Outside Room 1

**Leading Me to Lead My Learning**

"Leading me to lead my learning"

Friday 22nd May



Show your support by wearing an article of pink clothing :)

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## Term 2

### May

Wednesday 13 <sup>th</sup>	TAS Year 9 – 13 Cross Country Adidas Senior School Fun Run Scholastic Bookclub Issue 3 closes
Wednesday 20 <sup>th</sup> -Thursday 21 <sup>st</sup>	Year 10 Noho
Friday 22 <sup>nd</sup>	Pink Shirt Day ( <b>MUFTI DAY</b> )
Thursday 21st	Wanganui Secondary Schools Cross Country
Tuesday 26 <sup>th</sup> –Friday 29 <sup>th</sup>	Year 13 Camp

### June

Monday 1 <sup>st</sup>	Queen's Birthday- <b>SCHOOL CLOSED</b>
Monday 8 <sup>th</sup>	Celebration Assembly
Friday 12 <sup>th</sup>	Rippa Rugby
Tuesday 16 <sup>th</sup>	Junior Young Leaders Conference
Friday 19 <sup>th</sup>	Winter Tournament
Monday 22 <sup>nd</sup>	Matariki Day

### July

Friday 3 <sup>rd</sup>	End of Term 2
Saturday 18 <sup>th</sup>	School Ball
Monday 23 <sup>rd</sup>	Term 3 Begins

## Quotes of the Week

"If you care about something you have to protect it - If you're lucky enough to find a way of life you love, you have to find the courage to live it" — John Irving, *A Prayer for Owen Meany*.

"The true soldier fights not because he hates what is in front of him, but because he loves what is behind him" — G.K. Chesterton.

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# TAS Behaviour Expectation

## Wairuatanga

We think before we act

This looks like .....

- We follow behaviour expectations at all times.
- We consider others before acting.
- We STOP and THINK before we DO.
- We are aware of the possible implications of inappropriate behaviour.

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