



Taihape Area School

Monday 4th July, 2011

Term 2 Newsletter Number 10

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Tena koutou katoa

Children find comfort in daily routines, whether it's bedtime, meals, getting up in the morning or getting ready for school. When school finishes at the end of the year and the excitement of Christmas and the holidays reaches a high, schedules tend to get disrupted. Suddenly we are faced with the new school year and we recognize a need to reintroduce some routines again.

The following is an extract from the website **Kiwi Families for Passionate Parents:-**

“The new school year, or the start of a new term, can be very unsettling for a younger child and just a jolly interference in their social lives for the teenage student. For all ages it is important to slow your children down and slowly reintroduce some normalcy in the week or two leading up to the new school year.

Routine and ritual will help them to feel more secure, less distracted and ready and enthusiastic about learning.

For younger children

Morning Moments

For younger children the journey that is getting ready for school each day is a battlefield of fabulous distractions! Toys, television, a pantry of exciting new foods, brothers and sisters.... The key to getting ready and out the door on time is establishing a “Getting Ready” routine.

A morning routine might **begin with a family snuggle and play before officially getting up**. Some children ‘wake’ more slowly and need to snuggle/snooze before being able to bounce into the day. Others spring to life as soon as the sun rises.

The **next part of the routine could be to consult a list of “Getting Ready To-Do’s”**. Ask your child what they think they need to do to get ready for school in the morning. Giving them some ownership over the list will give them a sense of responsibility.

A ‘To-Do’ list might look like this:

- Get dressed into my school gear
- Make my bed
- Have my book bag / library bag in my school bag
- Eat my breakfast
- Brush my teeth
- Is my bag ready? Lunch box, hat, water bottle, book bags etc.

For your younger child a visual chart may help them to identify what they need to do more independently. You could add another ‘responsibility’ dimension by allowing them to tick boxes when they have completed each task.

Be reasonable about what you expect them to accomplish and then reward them when

they've completed their tasks. A great reward for being ready before time could be watching telly until it's time to go.

After School

Remember that after school your little one may be very tired, especially during the first few weeks of term. Add to that the fact that he/she may not have eaten their lunch because the game on offer was much more exciting, and it would be fair to say you could have a monster walk through the door rather than the angel that left that morning!

Establish an after-school routine early. It might **start with your child being responsible for taking their lunch box and drink bottle** out of their bag as soon as they get in. If your child wears a uniform to school you could choose at this point whether or not you want them to get changed.

Check pretty soon whether or not they are **hungry and offer a snack**. It's a good idea to let them have a short wind down/quiet time. There are a lot of exciting, busy things going on at school in a day and they may not want to be hounded with conversation and questions just yet.

Once they have recovered it's a good time to hit the homework. Leaving it till too late in the day or evening will cause clashes with dinner, and other chaos, and often striking while the iron is hot is the best policy. For more tips on homework read the Helping with Homework section of the Primary - What part can I play? article.

Once all this is done and over with they may be allowed free time, or the after-school treat they have been able to choose.

Bedtime

It may be that your child's bedtime has crept out half an hour or so over the holidays. Try to cinch that time back in the week or two leading up to school. You'll find they'll need that extra sleep in the coming few weeks.

Try to keep bedtime leisurely and stress free. Rushing your child might make him or her feel you have enough time to spend with them and may make it harder than it needs to be.

Figure out a schedule that best fits your family, but try to incorporate the following:

- quiet time together one-on-one;
- bath or shower;
- teeth brushing;
- story time; and
- a snuggle.

Story time can be adapted as your child gets older. It may be that they are old enough now to read their school reader to a younger sibling with you present as an eager audience member rather than storyteller. This is a great way to acknowledge how well your child is progressing with his or her reading skills and how 'big' they are getting now!

As they get bigger again story time could become their own reading time in bed before lights out.

For Older Children

There comes a point at which you need to give your older children more responsibility and allow them to establish

their own routines.

Their routine **should include making their own lunches, setting their own homework time, getting their uniform washed** and so on. You are still there as a guide who will no doubt need to ensure these tasks get done.

Homework

You still have a part to play in homework with your older child. Your role will become more of a guide and ‘motivational speaker’ than a ‘sit-alongside-er’.

Social Life

The most important aspect of being a teenager, in most of their eyes, is the social life. It is important for you as a parent to establish some guidelines you feel are reasonable. How much time will be spent on the phone, on the Internet, visiting friends, going to movies and ‘functions’? The best time to do this is at the beginning of the new school year.

There needs to be a balance between, home, school and social lives. Discussing this calmly and quietly with your teenager to come to some agreement that suits you all is the best way to tackle the topic.

From here you’ll be able to establish some routines collaboratively”.

Richard McMillan
Principal

The Week Ahead

Wednesday 6th Mufti-Day
Thursday 7th School Photos

What's on this Term

Friday 15th End of Term
August
Monday 1st Beginning of Term 3

2011 Term Dates

Term	Start Date	End Date
3	1 st August	7 th October
4	25 th October	8 th December

Condolences

Our sympathies and best wishes go to Tim Pekamu, and his extended whanau, on the sad loss of his father.

Mufti-Day

Our thoughts go out to Jesse Theobald and his family who lost all their possessions in Friday’s fire in Thrush Street. On Wednesday (6th) we will hold a school mufti day to raise funds to buy vouchers that the family can then use to replace lost items with.

Cost \$2.00



School Photos

This Thursday
(7th July 2011)

All prepaid class and portrait envelopes have been distributed to our students. Sibling or family portrait and team or group envelopes can be collected from the office.

For those wishing to purchase photographs envelopes need to be returned to the office with payment enclosed.

Team/ Group photos that will be taken:

- Under 19 Football
- Netball (8 teams)
- Division 3 Rugby
- Senior Hockey
- Aspiring Leadership Team Year 1 - 8
- Senior Leadership Team
- Kapahaka

Hockey

Last week we played PNBH 8. Unfortunately our team was decimated because of a variety of reasons, and a depleted team struggled and suffered our first loss of the year, losing 1-3, with Oliver the goal scorer. Missing players from key areas meant considerable disruption to our normal structure, and making marking easier for the opposition, with our key players facing up to 3 tacklers at times. As a result our game lacked any

cohesion – in effect this was a bad day in the office.

However scoring opportunities were created, and the final result was in doubt until the last few minutes.

Well done to the TAS players who tried hard through-out – not our best day, but a timely wake-up call. Kayla, Zoe, Eden, Boyd, Ryan, and Shelby tried hard.

Player of the Day: Zoe Whatarau.

Draw - Tuesday

TAS v PNBHS 10 on Turf 2 (Palmerston North) @ 4.15pm. The bus leaves at 2.15pm.

Next week we are playing Dannevirke on Turf 2 (Palmerston North) @ 4.15pm. We will be leaving from school at 2.30pm.

Football

QEC came out at the start of the game looking very sharp and within a few minutes had scored their first goal. The retaliation of TAS was sharp with a quick goal in reply. The first half of the match was tough with TAS ahead 6 - 3 at half time. TAS footballers kept the pressure on with a convincing win 9 - 3. Some highlights of the game was Jonathan George's corner kick that went in for a goal with out touching any players, Princetons headers, Connor's huge head on clash, and the arrival the ambulance for an injured QEC player (we hope he is okay). Overall very good game played by TAS considering the change in some player positions and tatics.

Rugby

What a hard fought game we played on Saturday when we played Wanganui High School Panthers at home.

The Panthers came to play and play hard they did finding us defending our line many times with clearance kicks giving us a much needed breather.

In amongst all the fantastic phases of play we had players who forgot they were part of a team and tried to pass once they were going to ground, alas a turnover.

At half time who knew who was going to be victorious as both teams went try for try with neither side having success of the boot.

The second half began with our boys wanting the win. A change of kicker and two consecutive tries finally saw us ahead.

With a player sent from the field we played the last fifteen minutes with only fourteen players who played exceptionally well.

Final Score: 34 - 20

- Report by Janice Hawira

Netball

Another great weekend of netball - and great weather to go with it!

Results are...

* **TAS Senior A:**

Won 31 - 23

M.V.P's: Te Puawai 3pts; Jessie Anne & Gracie 2pts; Lauren 1pt

* **TAS Junior A:**

Won 48 - 13

* **TAS Seniors:**

Drew 31 all

M.V.P = Point for the whole team!

* **TAS Stars:** Won 38 - 1

P.O.D = Brooklyn Walker

* **TAS Sonics:** Lost 4 - 36

P.O.D = *Yet to be named...*

* **TAS Idols:** Lost 8 - 19

P.O.D = Aliyah Crow

* **TAS Tigers:** Won 15 - 13

P.O.D = Jevonte Dygas

* **TAS Jaguars:**

Won 32 - 0

P.O.D = Whole team award!

Well done to all the girls! The teams are playing really well and are looking awesome in all matching strips. Keep up the good work girls!!!

Our bigger girls are playing some wonderful netball and working hard. Our little girls are neat to watch!! They have come along way from the start of the season and look so cute!

Thank you to all the supporters that are coming along to cheer our girls on :)

If you haven't been down yet come and have a look - the girls love seeing their family and friends there!

Snow Sports Academy

To all Parents / Caregivers and adults

We are currently putting together a list of adults who will be supporting the Snowsports Academy in term 3. If you are available to assist us up the mountain we would very much like to hear from you. It is essential we know dates of when you can come, this is to ensure we have the correct adult - student ratio. Year 11-13 students will be going up on Mondays and years 7-10 will be going up on Fridays.

The cost is \$20 per day which includes gear hireage.

Please email me or phone the school for when you can assist

Regards,
Jason Fellingham
jfellingham@tas.school.nz

Panui from Learning Street

GREAT NEWS - Charlie from Room 2 knows 26 letters with sounds! She is very proud of her efforts! Tino pai to mahi!

News from the courts...evidently the Koro of one of our students decided to support her at netball on Saturday. As she had only been playing for a couple of weeks he thought a \$2 per goal contract sounded about right. He was warned that it could be expensive...towards the end of the game he was heard loudly suggesting the ball should be passed to the other shooter. Anyway, \$38 dollars later, a very

happy young netballer enjoyed the rest of her weekend. Well done koro!

A Reminder

Remember at Taihape Area School, we have an open door policy. You are welcome to come in and discuss concerns with your child's classroom teacher or myself. Being proactive when a problem arises usually means it can be sorted before it escalates. Your child's teacher should be your first point of call, feel free to make an appointment with me by contacting the school office.

Have a great week.

Awesome Colgate Carton Race

The **Colgate Toothpaste Carton Race** has now finished.

Thank you for your support. We await the final result with interest.

Quotes of the Week

"In the end, it's not going to matter how many breaths you took, but how many moments took your breath away" - *Shing Xiong*.

"Never tell your problems to anyone...20% don't care and the other 80% are glad you have them" - *Lou Holtz*.

FOOD FOR THOUGHT – From the School Counsellor

What's your perspective??

How we interpret or view a situation will affect the way we feel about it. The following story demonstrates this.

Four friends won \$400,000 from lotto, all with an equal share.

The first friend who had a generally positive attitude saw the win *as a need or desire been satisfied* – his emotion was one of excitement, joy and happiness.

The second friend who was suspicious of others motives *interpreted the win as a threat* – he worried that he might be cheated out of his share and instead of excitement, his emotion was fear and anger.

The third friend saw the *win as a loss* – he was glad he had won some money but wished he had won the lot and so he experienced this as a loss. His emotion was of sorrow, sadness, grief and despair.

The final friend who had never had much and lived a hand to mouth existence saw the *win as overwhelming* – and his emotion was anxious as he wondered how he would handle all this money.

All the friends won exactly the same amount of money – the only difference is the way each looked at the same situation.

If you can change the way you think about something that will then change the way you feel and the way you behave.

Boys Shoes

For Sale



Boys Black
Dress Shoes

Size 8 – 12

\$35

These shoes are available for purchase from the office



KiwCan

Where has the term gone?? We are now in Week 10 and another term of Kiwi Can is almost over!!

We had visitors in last Thursday and they were impressed with the warm welcome and behaviour of the students in Room 5 and 7.

TUMEKE!!

This week we will be wrapping up our terms learning on HEALTH!! Big ups to all our Kiwi Canners for the knowledge they have all shared with us!!

Kool Kiwi Canners

Students Rm 5 - Displaying
Manaakitanga and Rangatiratanga!!

Students Rm 7 - Displaying
Rangatiratanga!!

KC see you!!

Wanda and Moo

Old Mobile Phones

Starship Phones For Rewards Campaign

Our School is taking part in the Starship Hospital Phones for Rewards Campaign. By collecting your old mobile phones, we can earn some exciting rewards for our school. The rewards on offer range from digital cameras, laptop computers, even a promethean interactive whiteboard. Obviously the more phones we collect, the better our

rewards will be. So have a hunt around at home, ask around at work, and drop off your old mobile phones to the box in the school office. We don't need chargers, and we ask that you take out your batteries. These can be placed in the box as well.

This is a great campaign. Not only will we earn exciting rewards for our school, we are helping Starship fundraise for their Air Ambulance Service.

Ball Special

Deja Vu and Just 4 You

are coming together to give you the ultimate Ball package.

You will receive makeup, acrylic nails and a hair up all for the special price of \$115 normally valued at \$145 OR

Individual prices are as follows:

Make up \$35

Acrylic Nails \$ 50

Hair Up \$ 60

Limited spaces left, don't delay in booking your appointment, call Deja Vu today on 388 9265

School health clinic

- free & confidential -

Hi. My name is Vicki Andrews and I am the Public Health Nurse for your School. My clinic days are Mondays from 12.25pm to 1.05pm. You can come and visit me in the consulting room, next to sick bay.



I can help with things like:

- Health information
- Assessments
- Advocacy
- Support
- Contraception
- STI checks
- Assist with health concerns
- Referrals to other services and agencies.

You can contact me on 06 388 0926 or 027 491 2183.

This service is free and confidential.

Taihape Youth Centre

July School Holiday Program!

Monday 25th July; Leave The Hutt at 9.00am

Lets go adventure camping

Campfire

Spotlight

Grass Karts

Hobo Stove

Team

Vertical Horizon
24/7 Adventure Camp

Fun

Water

Initiatives

Raft Building

Orienteering

NZ Bush Nature Study

Arts and Crafts

Some of the activities available

Arrive back at The Hutt 5.00pm Friday 29th July;

Register with Dave at the Hutt, limited numbers.

-Phone: 06 388 1351

-Cell: 0220952962

-Email: tyctrust@gmail.com

RUGBY WORLD CUP 2011 ROADSHOW



In July, the Rugby World Cup 2011 (RWC 2011) Roadshow will be coming to you! The Roadshow is focused on bringing the stadium of 4 million alive, engaging and interacting with local communities across NZ, creating a country wide festive atmosphere, and showing people how they can be part of RWC 2011.

- The two best dressed fans on the day will win two RWC 2011 match tickets.
- Get your photo taken with the Webb Ellis Cup.
- **VISIT:** rugbyworldcup.com/roadshow



DATE:

Friday July 15

6.30am – 9.30am

TIME:

LOCATION:

The Square - PN

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PROUDLY BROUGHT TO YOU BY:



Join us for this great New Zealand Film
and a Kiwiana feed

Taihape Majestic Theatre

Tickets \$25.00 each
available at the TAS office

BYO wine/beer/glass

"Survival's greatest of
the wilderness are the
sub who play it
tough..."

Taihape Area School

Fundraising for Student Sports Training travel fund

Thursday 14 July 2011

6.30 pm

It began in the remote beauty of New Zealand...

LAST PARADISE

Most
popular
NZ film
of 2009

A global quest for
adventure on the
road less travelled

45 years of stunning original footage
Featuring innovation, adrenaline and science
Inspiring for all ages



A film by
Chris Sheppard

Cinema schedule: www.lastparadisefilm.com